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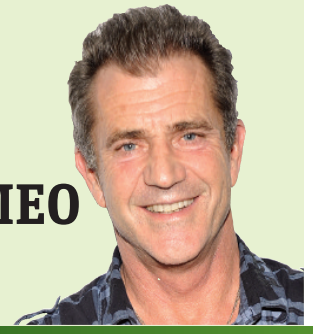
BIG FAT INDIAN WEDDING
6-DAY BASH FOR BRAND, PERRY {page 9}

GIBSON
CAST SUNK HANGOVER CAMEO
DISH {page 14}



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VANCOUVER metro
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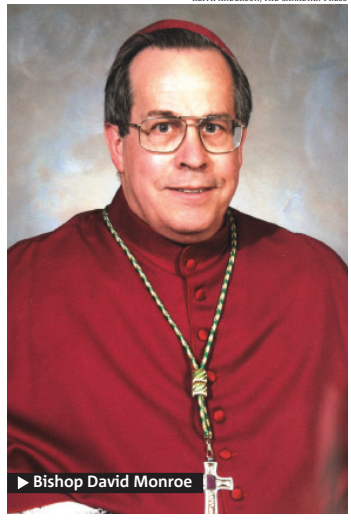
News worth sharing.

Bishop viciously beaten

Victim suffered serious head injuries ◐ Police believe attack was unprovoked ◐ Suspect to appear in court today on aggravated assault charges

KRISTEN THOMPSON
@METRONEWS.CA

KEITH ANDERSON/THE CANADIAN PRESS



▶ Bishop David Monroe

A bishop was in hospital in serious condition yesterday after being beaten in what police call a "brutal attack" in a Kamloops cathedral.

Bishop David Monroe, 69, was found bleeding in the rectory at Sacred Heart Cathedral on Friday night along with another priest who dislocated his shoulder trying to fend off their attacker.

"(Monroe) has suffered severe trauma to the face and head," said Cpl. Dan Moskaluk. "(He) also sustained bruises and lacerations to other parts of his body as a result of the brutal attack."

Police say it appears the suspect, a 30-year-old man, forced his way into the cathedral after fleeing from Royal Inland Hospital, where his family had taken him for a mental health assessment.

Officers found the suspect at around 1 a.m. inside a shed at a nearby trailer park.

Quaid. Refugee?

▶ Actor Randy Quaid is escorted from an Immigration and Refugee Board hearing in Vancouver on Friday.

DARRYL DYCK/THE CANADIAN PRESS

Couple in fear of 'star-whackers'

Randy Quaid and his wife say they need asylum in Canada to escape from "Hollywood star-whackers." The couple, who have been embroiled in several legal skirmishes in California all year, were picked up by police in Kerrisdale on Thursday. Story, page 9. Sullivan, page 8.

Looking for thrills, chills?

5 of the city's best adults-only Halloween haunts {page 3}

Reduce, reuse, re-cellphone

Website looks to keep wireless devices out of landfills {page 17}

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LSD blamed in Capilano bridge death

An American high school student was high on LSD when he accidentally fell to his death at Capilano Suspension Bridge in June.

A B.C. Corner's report found that LSD was a contributing factor in the death of Daniel Cho, CBC News reports.

The 17-year-old Californian was in the Lower Mainland as part of a school trip when climbed over a viewing platform railing and fell 30 metres.

The teen and two others apparently took LSD on the bus ride from Seattle to Vancouver.

METRO VANCOUVER

THE CANADIAN PRESS

▶ The Capilano suspension bridge

Stabbing lands men in hospital

Two men in their 20s are in hospital with serious injuries after being stabbed during a fight in Yaletown.

The stabbing victims allegedly were part of a verbal altercation that escalated to violence early yesterday morning.

No suspects have been arrested.

KRISTEN THOMPSON

KRISTEN THOMPSON/METRO VANCOUVER

▶ Singe the Clown outside the Car-n-Evil haunted house at the PNE.

Five places to get your scare on

There's no shortage of scary attractions for adults in Vancouver this week Here are 5 great ways to get scared leading up to Halloween

KRISTEN THOMPSON
@METRONEWS.CA

SINGLES HALLOWEEN HAUNTED GHOST TOUR

▶ Saturday, 7:30 p.m., starting at Waterfront Station. Tickets $30.

▶ Take a tour through Gastown and learn about the historic neighbourhood's spooky past.

▶ Reserve a spot at 1-800-239-0542.

FRIGHT NIGHTS

▶ Open daily from 6 p.m., at the PNE. Admission $28.

▶ Check out the six themed haunted houses or peruse some of the terrifying attractions like the History of Torture exhibit.

HAUNTED TROLLEY TOUR

▶ Tours leave at 5:30 and 8 p.m., Canada Place. Tickets $35.

▶ Tour Vancouver's most haunted and infamous locations, including the old city morgue and Mountain View Cemetery.

Ghost story

▶ Check tomorrow's Metro for a list of the most haunted spots in Vancouver.

DUNBAR HAUNTED HOUSE

▶ When: Daily from 1 p.m., 6478 Dunbar St. Admission by donation.

▶ The theme of this popular annual attraction is "Terror of History."

SCARE AFFAIR HAUNTED HOUSE

▶ Open daily from 3:30 p.m., 281 Industrial Ave. Admission is $10.

▶ This 10,000-square-foot haunted house is home to props from horror films, including Friday the 13th and Tales From the Crypt.

Pap tests offered to Lower Mainland women

This week, Lower Mainland women who don't have a family doctor can get a Pap test by dropping in to participating clinics.

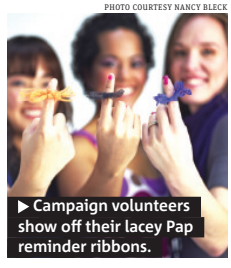
The campaign is meant to make Pap tests — which can detect cervical cancer — accessible to all women. To find a clinic visit LACE campaign.com.

KRISTEN THOMPSON

150

Last year, about 150 B.C. women were diagnosed with cervical cancer, and about 50 were expected to have died from the disease.

PHOTO COURTESY NANCY BLECK



▶ Campaign volunteers show off their lacey Pap reminder ribbons.

UBC. Protests

▶ Animal rights activists, dressed as rabbits, rats, cats and monkeys, sat in cages outside the Vancouver Art Gallery yesterday. The protest was held to urge the University of B.C. to stop experimenting on animals.

KRISTEN THOMPSON/METRO VANCOUVER

Just a rat in a cage

1 news

News on the move

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at **m.metronews.ca**

On the web at metronews.ca

Guidy Mamann on what those behind the human-smuggling bill can learn from a tragic story in Nazi Germany. More at metronews.ca/immigration

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The names have changed, but U.S. politics remains an 'arena for angry minds.' Scan code for story.

Closure would displace too many students, says Dix

Carleton has a higher enrolment than any B.C. school closed in the last decade The six surrounding schools won't hold all of Carleton's students: Report

Too many students will be displaced if the Vancouver School Board decides to close Carleton Elementary, NDP MLA Adrian Dix said at a press conference yesterday.

The school's population of 380 makes it bigger than any other school closed in B.C. in the past decade, the Vancouver-Kingsway MLA revealed in a report.

As a result, some of Carleton's current students would be left without seats in the six surrounding schools, forcing them to find education farther afield.

STEPHANIE ORFORD/FOR METRO VANCOUVER

▶ Linden and Kaitlin Wong, in grades 2 and 6 at Vancouver's Carleton Elementary, protest their school's potential closure.

"Everybody at the school is very stressed," said Kaitlin Wong, a Grade 6 Carleton student.

Neighbours in Vancouver's Renfrew-Collingwood are fighting to keep Carleton Elementary open after the VSB short-listed the historic school, among four others, for potential closure at the end of June 2011 due to budget cuts.

"This neighbourhood is built up around this school. It's a historic landmark," said Dix. "I don't believe this would happen in other parts of Vancouver."

The VSB will hold a public consultation at 7 p.m. tonight and on Nov. 2 at Windermere Community School, at 3155 E. 27th Ave. See savecarleton.ca for more information.

STEPHANIE ORFORD

Zombie. Thriller

▶ Hundreds of living dead gathered at the Roundhouse Arts and Community Centre on Saturday to Thrill the World.

SARAH N. FITZGERALD/FOR METRO VANCOUVER

Living dead can't get enough Thrill

Almost 300 people showed up Saturday afternoon to join dancers from around the world by dancing in the Thrill the World, which pays homage to Michael Jackson's Thriller. Donations to the Greater Vancouver Foodbank enabled Vancouverites to participate and have their faces painted by the Vancouver Film School.

SFU finds possible Down syndrome gene

SFU scientists Lynnette Kuervers and David Baillie may have discovered a genetic culprit of Down, Turner, and Klinefelter syndromes, as well as infertility and some forms of cancer. In its mutant form, the gene interferes with the way DNA is sorted into sperm and eggs.

STEPHANIE ORFORD

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Khadr's lawyer denies deal in war crimes trial

Court appearance expected today, says his defence team Civil and legal-rights groups condemn process

A possible agreement by Guantanamo Bay's youngest inmate to plead guilty to war crimes hung in the balance yesterday with his Canadian lawyer emphatically denying a deal had been struck.

With prosecution and defence set to huddle with the presiding judge, lawyer Dennis Edney did suggest Omar Khadr would have little choice but to admit guilt when his military commission trial resumes today.

"All I can tell you is there's trial (today) and there's no deal in place as of this particular moment," Edney said.

Khadr's lawyers have previously confirmed plea talks were underway but refused to provide any details. However, according to numerous reports, a proposed deal would see Khadr plead guilty in exchange for serving another eight years in custody, most of them in Canada, on top of the eight he has already spent in prison.

U.S. Secretary of State Hillary Clinton spoke to Canadian Foreign Affairs Minister Laurence Cannon on Friday, apparently to press the Canadian government to agree to repatriate Khadr.

With Guantanamo's lone westerner facing a possible life sentence if convicted at trial, Edney suggested his client's best hope of eventually seeing freedom would be to plead guilty before a trial.

THE ASSOCIATED PRESS

War crimes trial

Now 24, Omar Khadr has been in U.S. custody since he was captured in Afghanistan at age 15.

Allegation Among other things, the U.S. accuses him of throwing a grenade that killed special forces Sgt. Chris Speer and blinded former sergeant Layne Morris.

Cholera closes in on Haiti camps

A spreading cholera outbreak in rural Haiti threatened to outpace aid groups as they stepped up efforts, hoping to keep the disease from reaching the squalid camps of earthquake survivors in Port-au-Prince.

Health officials said Saturday at least 208 people had died and 2,674 others were infected in an outbreak mostly centred in the Artibonite region north of the capital. But the number of cases in towns near Port-au-Prince were rising, and officials worried the next target will be hundreds of thousands left homeless in January.

THE ASSOCIATED PRESS

5 Red Cross spokesperson Julie Sell said teams would begin teaching people in refugee camps how to prevent cholera — starting today, Day 5, after the outbreak.

THE CANADIAN PRESS/HO-APOGEE PRIME

▶ Astronauts, left to right: Frank De Winne and Lena, Julia Romanenko and Roman, and Brenda Biasutti with Canadian astronaut Bob Thirsk.

LIFE WITH ASTRONAUTS

CONFESSIONS OF A SPACE SPOUSE

Imagine being barred from giving your own mother one last hug before going into space.

That's what happened to Canadian astronaut Bob Thirsk in May 2009, just before blast-off into space aboard a Russian spacecraft.

The incident is just one of many emotional moments recounted in My Countdown, a new book written by Lena De Winne — wife of the European astronaut Frank De Winne, who flew with Thirsk.

Lena De Winne said she wrote her book to show the human side of space flight.

Thirsk's wife of 25 years, Brenda Biasutti, said having her husband "literally off the planet required redefining the meaning of loneliness, separation and distance."

THE CANADIAN PRESS

Leaked docs detail civilian deaths

An Iraqi family gunned down after approaching a U.S. patrol too fast. Dozens of men shot execution-style by sectarian death squads.

Grisly killings of civilians have come to define the Iraq war. New details found in government documents released by WikiLeaks, however, provide a surprising level of detail about many attacks and raise questions about how much the U.S. military knew during the months it sought to play down reports of the slaughter.

The documents include reports from soldiers on the ground about day-to-day violence and individual attacks — including shootings, roadside bombings, and the execution-style killings and targeted assassinations that left bodies in the streets of Baghdad at the height of sectarian violence that pushed the country to the brink of civil war.

THE ASSOCIATED PRESS

For the latest news updates, visit metronews.ca

CITY OF VANCOUVER BUDGET 101

VANCOUVER'S 2011 CITY OPERATING BUDGET

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Real estate agents relax service rules

- Old rules 'anti-competitive': Competition watchdog
- New rules legally binding and to remain for 10 years

Delegates from Canada's 101 local real estate boards yesterday in St. John's, N.L. ratified a deal worked out by the federal Competition Bureau and the real-estate industry.

It would allow consumers to choose what services they want from their agent when selling their homes, and to pay for only those services.

The deal was reached after months of negotiations between the competition watchdog and the Canadian Real Estate Association that represents some 100,000 realtors.

Under the deal, CREA has agreed that its rules as well as those of its members should not deny or discriminate against realtors wishing to offer mere posting services.

5%

Realtors currently operate on the principle that selling agents will split the standard five per cent commission with the buyer's agent

The Competition Bureau has been pressuring CREA to change rules it calls "anti-competitive" on behalf of realtors and consumers who want more flexible services.

But experts say the doors to lower-cost services won't be thrust open overnight because the industry is dominated by traditional agents who are reluctant to change their business models.

But experts say the doors to lower-cost services won't be thrust open overnight because the industry is dominated by traditional agents who are reluctant to change their business models.

CREA members voted on amendments to the organization's rules in March that were expected to appease the Competition Bureau, but the watchdog took issue with a clause in the amendments that said the changes are subject to the rules of local boards.

The watchdog said it would settle for nothing less than a legally binding agreement so that CREA couldn't change its rules back on a whim.

THE CANADIAN PRESS

Technology. Sales

▶ Best Buy salesman Manish Nargas helps a customer with questions on the new iPad.

RICK EGLINTON/TORSTAR NEWS SERVICE

Big bets, small screens

Canadian retailers are placing big bets on small screens this fall whether it's the iPad, the BlackBerry Torch smart phone, or the Kobo e-reader.

Market moment

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THE TRUTH IS STRANGER THAN FICTION

Urban Compass

PAUL SULLIVAN

Another day, another interesting refugee turns up in Vancouver.

First it was the Tamil migrants who freaked the federal government out so much it has introduced a law to prevent it from ever happening again.

Now it's Hollywood character actor Randy Quaid and his wife, Evi, who are seeking refuge from the United States because they're afraid if they stay, they will be murdered by an evil cabal known as Star Whackers. Famous whackees to date allegedly include Heath Ledger and Keith Carradine.

I'm having my jaws wired shut so I don't say anything more in public about the legitimacy of the Star Whacker conspiracy.

Whatever the claim, I'm sure it has nothing to do with the Quaids' legal problems back in L.A., where they are charged with living illegally in a house they once owned, $7,000 worth of vandalism on the same house, and skipping out on a $10,000 hotel bill.

Or that Dog the Bounty Hunter has threatened to track them down if they don't turn themselves in.

Isn't life great? If you're a columnist, you're never at a loss for great material.

No word yet on what kind of law the government is going to draft to handle the Quaid situation. But I'll bet the scribes are busy.

"... they're afraid if they stay, they will be murdered by an evil cabal known as Star Whackers."

Randy Quaid is no ordinary refugee here in Hollywood North. He's been in more than 100 movies from laugh riots like the National Lampoon Vacation series to serious stuff like Brokeback Mountain. He's been great in all of them, even the ones that bark, but did aliens write his latest script? Is this a reality show on Mars?

Fortunately, there's always a professor for these things, especially in America, where free speech is always more important than the speech itself.

Paul S. Appelbaum, a professor of psychiatry, medicine and law (his mom is so proud of him) at Columbia, says this sort of thing happens to people who are talented, smart or athletically gifted. "It amounts to pretending that something distressing doesn't exist, otherwise called denial."

Good thing I'm none of the above.

So the Quaids are here until immigration officials decide if they have a legitimate refugee claim (no comment, jaws wired shut).

That could be very complicated. After all, 9-11 was an inside job. Where does it end?

But I have a better idea. Why don't we propose a swap? We'll take our own Prince of Pot Marc Emery back if the U.S. takes Randy and Evi back. And if they don't think a two-for-one exchange is fair, we'll give them future considerations. The next full moon is never more than a month away.

Cartoon

MICHAEL DE ADDER

Some tasty findings

Worth mentioning

The ability to taste isn't limited to the mouth, and researchers say that discovery might one day lead to better treatments for diseases such as asthma.

It turns out that receptors for bitter tastes are also found in the smooth muscles of the lungs and airways. These muscles relax when they're exposed to bitter tastes, according to a report yesterday from researchers from the University of Maryland College of Medicine in Baltimore in the online edition of the journal Nature Medicine.

That surprised Dr. Stephen B. Liggett, a lung expert who noted that bitter tastes often are associated with poisonous plants, causing people to avoid them.

Liggett said he expected the bitter-taste receptors in the lungs to produce a "fight or flight" reaction, causing chest tightness and coughing so people would leave the toxic environment.

Instead, when scientists tested some non-toxic bitter compounds on mice and on human airways in the laboratory, the airways relaxed and opened more widely. The compounds "all opened the airway more profoundly than any known drug that we have for treatment of asthma or chronic obstructive pulmonary disease," Liggett said.

THE ASSOCIATED PRESS

Science at work

Would you dare to wear white after Labour Day?

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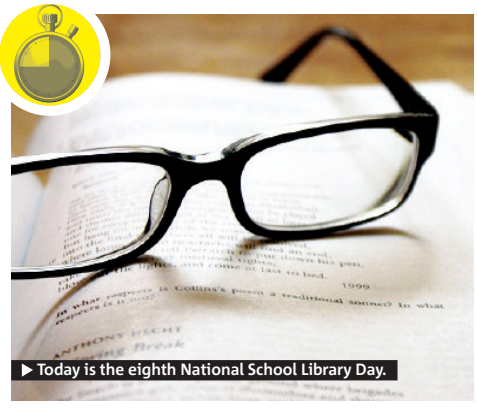
Metro Minute at the public library

If you're wondering what to do today, try heading to your local library and losing yourself in a good book.

Today is the eighth National School Library Day, as well as Drop Everything And Read Day, so to support literacy and libraries, break away from your daily routine and read for at least 20 minutes. The event, supported by the B.C. Teacher-Librarians' Association, begins at schools across B.C. at 11 a.m.

Or, if you'd like to join a gathering of literary-minded folks, enjoy World Poetry at Vancouver's Central Library. The event showcases poetry and music from around the world, starts at 7 p.m., and is free.

SARAH N. FITZGERALD



▶ Today is the eighth National School Library Day.

Quaid saga keeps getting weirder

Actor and wife claim for asylum in Canada, saying they fear being 'murdered' like Heath Ledger and David Carradine ◆ Vancouver residents have best seats in the house for odd arrest

DARRYL DYCK/THE CANADIAN PRESS

▶ Evi Quaid, left, and her husband, actor Randy Quaid, are escorted from an Immigration and Refugee Board hearing in Vancouver on Friday. Actor Randy Quaid and his wife say they need asylum in Canada to escape "Hollywood star-whackers."

An upscale Vancouver neighbourhood is still buzzing after the arrest of actor Randy Quaid and his wife Evi, who are wanted in the United States on outstanding warrants.

Debbie Pfeifer, who works in a lingerie store in the Kerrisdale area, said she peered out the window Thursday afternoon when she noticed a police car blocking the road next to a bank.

Pfeifer said several plainclothes officers started milling about at around 3 p.m. as a tall, bearded Quaid spoke to a man she believes was his lawyer and Evi Quaid "popped in and out of a police car."

Pfeifer and her co-worker didn't know the drama unfolding before them and several shopkeepers for two hours involved a Hollywood actor and his "smartly dressed" wife, who wore a black puffy jacket.

"A customer came into the store and said, 'That was Randy Quaid out there.'"

Pfeifer said she hadn't seen Quaid, a former Oscar nominee, in a movie for a long time and didn't recognize him.

"Apparently the rumour was he was in the (bank) making inquiries about getting a mortgage or something and of course they put the information in the computer and it pulls up that there's a warrant out for him from the States."

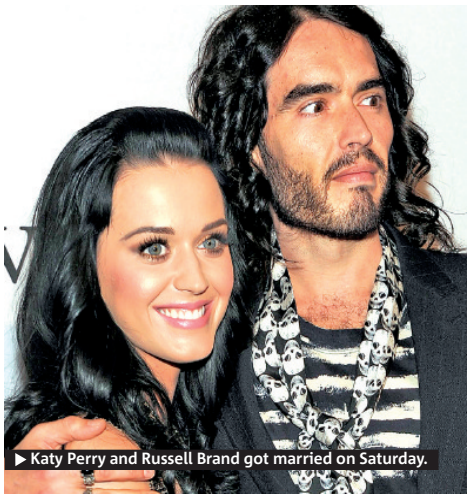
Officials with the Canada Border Services Agency and police spoke with the Quaids before their black car with California licence plates, possibly a BMW, was towed, Pfeifer said.

Quaid and his wife are wanted in the United States for allegedly breaking into a home they once owned and than failed to show up for a court hearing on felony vandalism charges.

They are now seeking refugee status in Canada.

Toronto immigration lawyer Lorne Waldman said the couple may end up living in Canada for at least six months, even if officials expedite a hearing after determining whether the couple is eligible to make refugee claims.

THE CANADIAN PRESS



▶ Katy Perry and Russell Brand got married on Saturday.

Brand, Perry marry in India

Comedian Russell Brand and pop star Katy Perry were married Saturday in northwestern India, the couple confirmed in a statement.

A Christian minister and longtime friend of Perry's family performed a "private and spiritual ceremony," which was attended by family members and close friends, said the statement released by the couple's representatives.

"The backdrop was the inspirational and majestic countryside of Northern India," said the statement, which did not provide any further details on the ceremony.

The wedding was held at the Aman-e-Khas luxury resort in a tiger reserve in Ranthambhore National Park, a hotel official said on condition of anonymity as he was not authorized to speak to the media.

Security has been stringent with private security guards stationed at the resort and other nearby hotels where guests and the couple are staying for the six-day wedding celebration.

Photographers and media reporters were not allowed into the Aman-e-Khas wildlife retreat. The couple have given the exclusive coverage rights to a London magazine, and no other photographers or journalists will be allowed into the resort.

The wedding venue was lit with lamps, colourful lights illuminated the trees and flower garlands festooned the luxury tents at the resort, the hotel official said.

Both Brand and Perry wore traditional Indian clothes to the wedding, the hotel official said.

Perry donned a sari, as did a number of other female guests at the ceremony. THE ASSOCIATED PRESS

2 scene

News in brief

It's another girl for Matt Damon and his wife. Damon's spokeswoman Jennifer Allen says Luciana Damon gave birth to Stella Zavala Damon on Wednesday in New York City. She is the couple's third daughter. She joins Gia, born in 2008, and Isabella, born in 2006. Luciana Damon also has a daughter, Alexa, from a previous marriage.
THE ASSOCIATED PRESS

Don Williams returns to the spotlight with Country Music Hall of Fame induction, tour

Critics take no Glee from shots

GQ photos of Glee stars being met with anger

You're a couple of great-looking, talented young actresses on the hottest show on TV.

You're adults.

So why NOT pose for some seriously saucy photos in GQ, a magazine for adult men?

Well, it gets a little thorny when the show is Glee, beloved by eight- and nine-year-olds, and when you're posing as a high-school girl in nothing but skimpy panties, spreading your legs sky-wide on a locker room bench.

Or suggestively licking a lolly as you lean — in the same skimpy panties — on a high-school locker.

Did the stars of Glee go too far?

That's what critics and fans of the show have been debating as the photo spread in GQ's November issue, featuring Lea Michele (the ambitious Rachel) and Dianna Agron (Quinn, the once-pregnant cheerleader), started circulating this week. Oh yes, male co-star Cory Monteith (the quarterback Finn) is in there, too — but he remains clothed (in fact, he's practically bundled up).

Cory speaks

Glee star Cory Monteith says he's not bothered by controversy surrounding the hit TV show.

- The Calgary-born actor says it's impossible "to please all the people all the time" and that there will always be criticism.

"I just wasn't impressed at all," said a disapproving Emily Martin, a mother in Ontario and a self-professed "huge Glee fan."

Her feelings were echoed by commentators as prominent as CBS anchor Katie Couric.

"I'm a Gleek," Couric said in her online video Notebook, describing how she and her 14-year-old daughter enjoy watching the show. But she decried the photos, particularly Michele's spread-eagle one, as "raunchy" and "un-'Glee'-like," and concluded: "I'm disappointed."

Not surprisingly, though, the harshest commentary came from the Parents Television Council.

"It borders on pedophilia," said Tim Winter, president of the council.

THE CANADIAN PRESS

GETTY IMAGES

▶ Dianna Agron, left, Cory Monteith, and Lea Michele, from the TV series Glee, are shown on the cover the November 2010 issue of GQ magazine.

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JASON KEMPIN/GETTY IMAGES

▶Drummer Adrian Grenier of The Honey Brothers

Celebrity sighting

Honey Brothers get extra buzz with Entourage star Grenier on drums

It's not unusual at concerts nowadays to see fans spending more time taking pictures rather than actually watching and actively listening to the music.

But the ratio of cameras to concertgoers is probably exceptionally high at a Honey Brothers gig, where a fan snapping photos might snag a paparazzi-worthy shot of a veritable Hollywood star.

Maybe even sell it to TMZ.

Behind the drum kit for the New York-based indie band — which has been together, off and on, since 2001 — is Adrian Grenier, who plays Vincent Chase on TV's Entourage and recently released a documentary called Teenage Paparazzo.

"There's worse baggage in the world, I'll tell you that," Grenier said during a recent interview in Toronto when asked whether his celebrity status is a hindrance or credibility killer for the band.

"There's always a certain contingent of people who are holding their cellphones and trying to take a picture of Adrian," adds band member Ari Gold (who yes, has been asked about a million times about the fact that he — coincidentally — has the same name as the Entourage character).

But the band as a whole doesn't let it bother them.

"Those people either wake up and listen to the music or they go home and put up a Facebook picture of Adrian and get excited (about that). But whatever, that's their choice."

"People who love the music, love the music."

THE CANADIAN PRESS

Honey Brothers

What's next for the indie rock group

- **Schedule** Having an A-list star as a bandmate has a way of derailing a band's tour schedule, and it's been increasingly difficult for Grenier to make time for Honey Brothers.
- **Their sound** The band got its start as a ukulele trio in New York City and Grenier joined after convincing them they needed to add a bit more oomph

Burns revisits his roots

Indie filmmaker goes back to basics with small budget, no-frills project in Nice Guy Johnny ◆ Says digital platforms help ease financial pressure

GETTY IMAGES

▶ Ed Burns wrote, directed and stars in Nice Guy Johnny.

Ed Burns revisits his indie roots — with a modern twist — in his latest project, Nice Guy Johnny.

The 42-year-old filmmaker leaped onto the scene in 1995 with the Sundance Film Festival darling The Brothers McMullen. Fresh out of college, Burns said he used anything he could for free: He filmed in his parents' home and used editing facilities at Entertainment Tonight, where he was working as a production assistant.

Fifteen years later, the star of Saving Private Ryan and 27 Dresses has gone back to basics with another small-budget project.

"I decided we wanted to capture a little bit of that renegade sprit that we had on Brothers McMullen," says Burns. "So we set some parameters on this film. We wouldn't spend more than $25,000, we'd only work with a three-man crew, we wanted to hire all unknowns, and there would be no hair, no makeup, wear your own clothes, shot in my parents' house again."

Nice Guy Johnny is the story of sports radio host Johnny Rizzo, who must choose between following his broadcasting dreams or satisfying his fiancee by taking a well-paid corporate gig. Burns, who wrote, directed and stars in the film, says it was born from his own dilemma.

But he says digital platforms have helped ease some of the financial pressure, allowing films like Johnny to reach millions of viewers at home and online. Instead of a costly theatrical release, the film will be released Tuesday on iTunes, Netflix and Video on Demand.

THE ASSOCIATED PRESS

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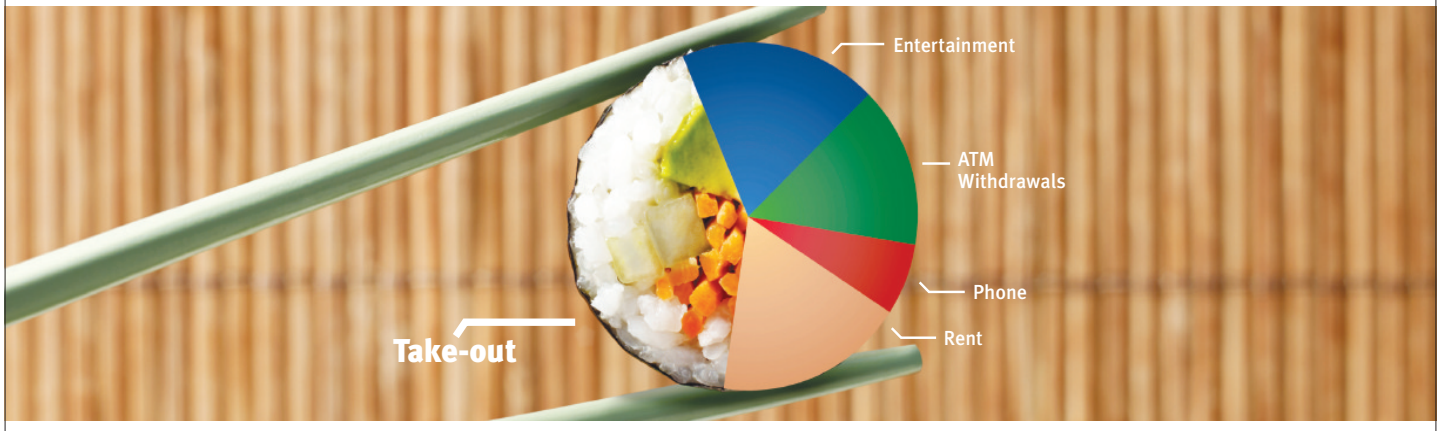

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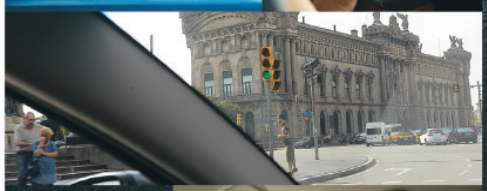

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Talking points

PETA denies plans for Beckham blood bath

WHO KNEW THAT BRITISH TABLOIDS WEREN'T REPUTABLE SOURCES? People for the Ethical Treatment of Animals' UK affiliate is considering legal action against The Mirror newspaper.

The tabloid newspaper reported last week that Victoria Beckham had come under fire from PETA for using crocodile and lizard skin in her new line of handbags, and was planning to douse her in lizard blood. A PETA spokesperson says it will "vigorously pursue The Mirror for deliberately distributing a totally fabricated report about PETA's plans regarding Victoria Beckham's collection." METRO

Celebrity tweets

Kanye West [@kanyewest] ...but seriously have you guys taken time to think about that concept???!! COMMERCIAL ART!!! It just came to me! That's what I make!

Jessica Alba [@jessicaalba] I'm so not motivated to work out right now... Need some encouraging words tweeples!

Will Arnett [@arnettwill] Oh, I've earned this visit to Chilli's on Long Island.

Sam Ronson [@samantharonson] I think katy perry might be the Rupaul of this generation. METRO

Rehab busting Lohan's bank

Lindsay avoids jail but struggles to pay her bills at Betty Ford Centre

Lindsay Lohan has avoided going to jail after her latest probation hearing, but she'll now be required to stay in rehab at the Betty Ford Center until January, but there's one problem.

According to Hollyscoop, Lohan can't afford rehab.

"She indicates she can not afford to continue to pay for the treatment program and she needs to work," Lohan's probation report reportedly states. "Her clothing line is falling apart because she is not available to monitor the product."

A 90-day stay at the Betty Ford Center reportedly costs about $53,000 US.

Judge Elden Fox recently granted the actress leave to catch up on well-behind projects on one condition: the actress must wear her SCRAM bracelet and must report back to rehab immediately after work.

But according to People magazine, Lindsay hasn't stopped working in rehab.

The star continued to work on her clothing line from inside the centre, and held meetings with whoever she needed to talk to.

"Lindsay is still seeing income from the line, and it's doing three times better than originally expected,' a source says. "It's keeping her busy and productive." METRO

Hangover cast killed Gibson's comeback cameo appearance

After Mel Gibson's top-secret cameo in the Hangover 2 was reportedly scrapped over objections by cast and crew, the role has gone to Liam Neeson, according to Us Weekly.

"It's true pending clearance of cast and crew background check," Neeson's rep says.

The film's cast — including Bradley Cooper and Zach Galifianakis — reportedly protested when Gibson's participation was announced.

"They don't want him to be in the movie and serve as a platform for some creepy comeback," a source says. METRO

NATHAN DENETTE/THE CANADIAN PRESS

▶ Employees of a Value Village perform a Halloween catwalk fashion show for the customers in Toronto.

Get ready for a pop culture Halloween

It may be the biggest — and spookiest — costume event on the calendar, but hot looks for this Halloween are going beyond the realm of standard ghoulish get-ups.

Ghost and goblin garb may continue to be a mainstay among fans of more traditional, creep-tastic Halloween fare. But a trend that continues to evolve and gain momentum is keeping producers and distributors of costumes on their toes as they try to stay plugged in to what's making waves in popular culture.

"People definitely want to be individual, they want to be creative. I think the DIY and crafting movement growing is huge and has a big influence on that as well."
MEG ALLAN COLE FROM VALUE VILLAGE

From outlandish electro-pop diva Lady Gaga to the fist-pumping, tan-loving cast of MTV reality hit show Jersey Shore, imitating celebrities and pop icons continues to loom large this Halloween.

Meg Allan Cole, costume consultant for Value Village, says the embracing of pop culture-inspired costumes has definitely grown in the last five to 10 years.

"People definitely want to be individual, they want to be creative," she said from Brooklyn, N.Y. "I think the DIY and crafting movement growing is huge and has a big influence on that as well."

Cole says Lady Gaga's omnipresence and her wide variety of ever-changing looks is what makes her a standout to emulate this season.

"She is huge and there's so many incarnations of her that I think people love seeing that there's so many different Lady Gagas they can choose from," she said.

Among the do-it-yourself projects posted on the retailer's website are a pair of Gaga-inspired looks, including one featuring one of the pop sensation's earlier 'dos — a blond wig with locks fashioned into a hair bow.

Among the standouts from Jersey Shore, Cole says Nicole Polizzi — better known as Snooki — is "going to be a big one this year," as individuals seek to recreate the pint-sized reality star's towering signature pouf, reminiscent of singer Amy Winehouse's much-mimicked beehive of Halloweens past. THE ASSOCIATED PRESS

True Blood

In a survey that polled 1,000 adults about their Halloween shopping habits, popular costumes and trends for 2010, Value Village found respondents looking to hit series, films and characters for style inspiration. HBO's True Blood sank its fangs into the top spot among those surveyed
THE ASSOCIATED PRESS

3 life

Advisory

Stroller safety pointers

Health Canada issued an advisory Wednesday reminding caregivers not to leave children unattended in strollers, as it could put them at risk for entrapment, asphyxiation or falls. Deaths and injuries have occurred when children were left sleeping unattended or when stroller restraint systems were not used, it said.
THE ASSOCIATED PRESS

PINK SHERBET PHOTOGRAPHY

Apple bagel bites are a nutritious treat for breakfast or a snack. Scan code for news

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Stuffed Mushrooms

Ingredients :

- 48 mushrooms stems removed
- 30 ml (2 tbsp) olive oil
- 175 g (6 oz) smoked bacon, chopped
- 3 shallots, finely minced
- 2 cloves garlic, finely chopped
- 250 g (8 oz) goat cheese
- 250 ml (1 cup) finely chopped walnuts
- 15 ml (1 tbsp) parsley
- 15 ml (1 tbsp) rosemary

Preparation:

1. Line 2 rimmed baking sheets with foil.
2. In a large bowl, toss mushrooms with oil to coat. Arrange in a single layer on baking sheets, rounded side up, and bake in a 190 C (375 F) oven for 20 to 25 minutes or until tender.
3. In a large skillet, cook bacon over medium-high heat for 7 to 8 minutes or until crisp. Drain on paper towels. Discard all but 15 ml (1 tbsp) of the bacon fat. In same skillet, add shallots, reduce heat to medium and cook for 3 minutes or until soft. Add garlic and cook for another minute.
4. Transfer to a large bowl and let cool to room temperature. Add goat cheese and walnuts. Mix well. Stir in parsley and rosemary.
5. Place heaping 5 ml (1 tsp) of filling in each mushroom. Bake in a 190 C (375 F) oven for 10 minutes or until heated through.

THE ASSOCIATED PRESS

Drugs a challenge for Conviction Kitchen

Chef Marc Thuet once again tries to transform ex-criminals This season he takes on Vancouver

FILE PHOTO

Chef Marc Thuet and his wife and business partner Biana Zorich return to TV with season 2 of Conviction Kitchen.

Drug addiction loomed large on the second season of Conviction Kitchen, says celebrity chef Marc Thuet, who brought his gritty cooking show to Vancouver in a renewed bid to transform troubled ex-criminals into fine-dining chefs and restaurant staff.

Thuet and his wife and business partner Biana Zorich say the biggest obstacle for most of their motley crew was substance abuse, noting that one promising chef ended up overdosing during the series while another showed up high on heroin.

"Addiction was the number one cause of them being (in trouble with the law)," the burly French-born Thuet said Friday from the kitchen of his Toronto bakery.

The series is more docu-drama than food-frivolity as it traces the triumphs, and occasional failures, of some of society's most down-and-out.

While the first season began with 24 ex-cons at one of Thuet's Toronto eateries, the new season started with just 12 ex-cons assembled at a run-down martini bar blocks from Vancouver's Stanley Park. Conviction Kitchen airs Sunday nighs on Citytv. THE CANADIAN PRESS

Are you a parent of an inactive teen (aged 13-16)?

Do you find it hard to motivate your child to be physically active?

If so, you may be eligible to take part in a research study (and receive $30).

We are looking to recruit parents of adolescents and their adolescent children (aged 13-16) to take part in a study that examines the role of parents in the promotion of adolescent physical activity. Both you and your child will complete questionnaires on 2 separate occasions (over a 6 week period) and you will also be invited to take part in a parenting program that aims to foster physical activity with your child.

If you would like to participate in this study then please contact Katie Morton by email: katiemorton84@gmail.com or by phone: 778-316-2619.

UBC

Marc Thuet dishes some duck

Celebrity chef Marc Thuet, whose television series Conviction Kitchen has started its second season, loves to serve game in the fall — especially when he's been able to hunt it himself.

Thuet's cookbook French Food My Way is being published early next month. Here is a recipe from his new book that features duck in a beautifully arranged appetizer.

Pickled black radish and cloudberry purée are available at fine food stores, he notes.

Duck Carpaccio

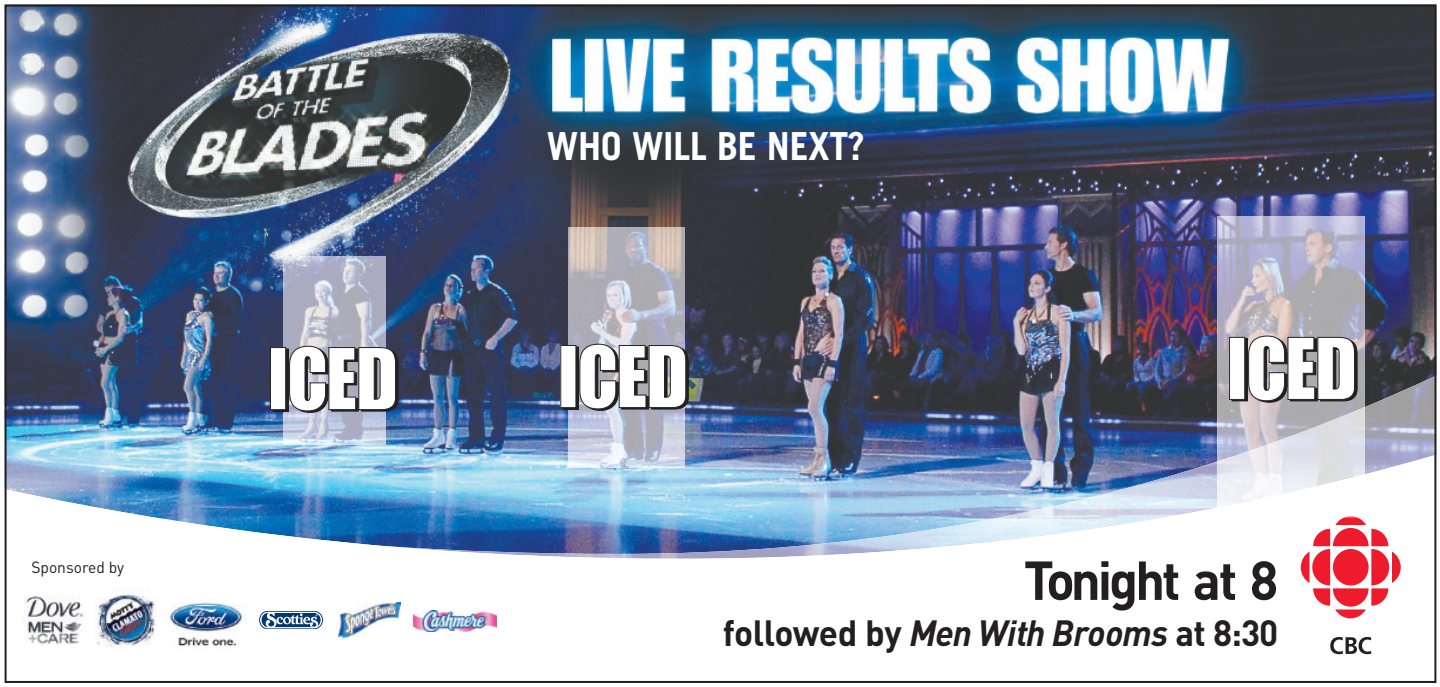
Ingredients :

- 120 g (4 oz) duck breast, skin removed, fat trimmed
- 1 Bartlett pear
- 1 plum
- 1 fig, skin removed
- 2 Medjool dates
- 20 ml (4 tsp) blue cheese
- 20 sumac seeds
- Frisee
- 30 ml (2 tbsp) white truffle vinaigrette (recipe follows)
- Garnish
- Sliced pickled black radish
- Julienned endive
- Cloudberry puree
- Sesame oil

Preparation:

1. Cut duck into 12 thin slices. Finely slice pear and plum. Cut 4 slices of fig and remove skin so you have 4 fig wheels. Cut dates in half lengthwise and remove pits. Fill 4 halves of dates with cheese.
2. In a small skillet over medium heat, toast sumac seeds or place them under broiler for 10 seconds.
3. Lay duck slices in middle of a serving plate, slightly overlapping. Fan out pear and plum slices around duck. Arrange frisee, fig wheels and dates studded with cheese on the plate.
4. Sprinkle with sumac seeds and drizzle with truffle vinaigrette.
5. Garnish with pickled black radish, endive, cloudberry puree and a small drizzle of sesame oil. Makes 4 servings.

THE CANADIAN PRESS



Reduce, reuse, re-cellphone

96 per cent of a cellphone is recyclable Website aims to keep handsets from entering Canadian landfills — steers users toward deposit spots

If you've bought a new cellphone recently, then you know saying goodbye to your old phone is often hard to do.

A recent survey found that the majority of Canadians keep their old phones in storage. When asked, two-thirds of Canadians with an old phone in storage said they would be willing to recycle it.

Recycle My Cell is a free national program that lets users find out where and how to properly dispose of their cellphones and other wireless devices at RecycleMyCell.ca.

The program, which incorporates numerous recycling initiatives across the country, is organized by the Canadian Wireless Telecommunications Association in conjunction with cellphone carriers and handset manufacturers.

GOOSMURF/FLICKR

▶ Proceeds from recycled wireless devices benefit various local and national charities

Many different items are accepted for recycling, including smartphones, pagers, wireless air cards, batteries and accessories. Surprisingly, approximately 96 per cent of a cell phone is recyclable. All phones recovered are recycled or refurbished appropriately and in accordance with international e-waste laws

The website allows consumers to simply enter their postal code to locate the drop-off location closest to them where their devices will be accepted, regardless of brand or condition.

If you can't visit one of these drop-off locations in person, RecycleMyCell.ca provides postage-paid labels to use for mailing these devices, making recycling a wireless device hassle-free and at no cost to the consumer.

In addition, recycling your old phone helps numerous national and local charities who benefit either from direct reuse of parts, or from sales of recyclable products within these devices. NEWS CANADA

LINDSAY COULTER

SEND YOUR QUESTIONS TO QUEENOFGREEN@METRONEWS.CA
DAVIDSUZUKI.ORG/BLOGS/QUEEN-OF-GREEN

GREEN SCREEN

QUESTION:
How can I be sure I'm purchasing the highest quality "green" goods?
- Nicole from Montreal, QC

Some manufacturers are making vague and misleading claims aboutthier degree of eco-friendliness.

It's called "greenwashing." A study by TerraChoice Environmental Marketing tested more than 2,000 self-described environmentally friendly products in North America, and found only 25 were indisputably "sin free." The rest had been greenwashed.

Kids' toys, baby products, cosmetics, and cleaners are most often guilty of this deceit.

That means about 98 per cent of items labeled "natural" or "environmentally friendly" are making untrue claims.

Don't fret. We made it easy for you to understand labels and claims found on everyday products.

Download our Eco-label guide at davidsuzuki.org. It highlights some of the most common certified eco-labels you'll run into.

David Suzuki Foundation

AN INSPIRING RAGS TO RICHES STORY

She sat on the bed in the shelter and started to cry. Lia Grimanis was 16 and homeless after fleeing a violent home. "That night I decided I would become a role model. I wanted to be the person that came back to the shelter and said, 'I made it.'"

From a shelter, to welfare to starting her own business, Lia worked quickly. She moved into technology sales and was soon making $250,000 a year. Fifteen years passed and she was respected and successful beyond her wildest dreams but she still wasn't ready to tell her story.

Lia's turning point came one night while at a public meeting near her home in Toronto. People were upset a homeless shelter was being opened down the street. Finally Lia stood up and said, "Look at my face. Look at me. I was homeless."

The room fell silent and people stared. Then finally the man leading the meeting said, "With all due respect Lia, you're an anomaly." Then he went back to his tirade against the shelter.

The next day Lia launched a website called Up with Women where people could share their stories. The media started requesting interviews as she started programs and began to re-frame the experience of homelessness.

Lia recently quit her well-paying job in sales and is now focusing on Up With Women. She's living off of her savings, but that doesn't faze Grimanis. "I've lived frugally before and I'll do it again."

Now when she walks through the door of any shelter she is an inspiration to everyone in the room. Lia Grimanis can finally say, "I made it."

The numbers

- **The Canadian** Government estimates there are 150,000 homeless people
- **Non-government** sources say there are between 200,000 — 300,000 homeless people in Canada
- **Toronto** has the largest homeless population in the country
- **Calgary's** homeless population grew 740 per cent between 1994 and 2006
- **Vancouver's** number of homeless seniors nearly tripled between 2002 and 2005

Source: Sheldon Chumir Foundation

The rise and fall of the Big Three

CRAIG LUND
LIFE@METRONEWS.CA

With our economy chugging along — although at a slower pace than we'd like — it's rather remarkable that the American auto giants are actually still around, considering just two years ago Detroit's Big Three were facing bankruptcy.

Author Paul Ingrassia dives into the complexities of how the auto giants ended up in these circumstances, especially a company like General Motors, which in 1955 had become the world's first company to earn more than $1 billion in a single year.

"That General Motors could go bankrupt seemed as unlikely as, say, America's banks going broke or a black man being elected as President," writes Ingrassia. We, of course saw, both failures as well as the historic breakthrough with Obama's presidential victory.

Starting out with a timeline of events, Ingrassia describes how the launch of the Model T by Henry Ford in 1908, and his perfection of the moving assembly line in 1913, essentially birthed the American middle class with mass production applications popping up outside of the automotive industry.

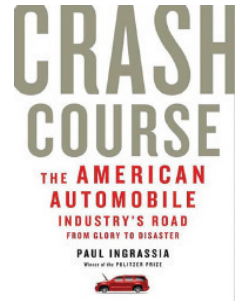
This arguably was also the birth of America's love affair with the automobile.

This love affair only heightened with the introduction of the tail-fin era in 1955, and the muscle cars of the 1960s, which inspired films like Hollywood Graffiti, not to mention countless rock 'n' roll hits such as The Beach Boys' memorable 1963 song Little Deuce Coupe and Wilson Pickett's hit three years later Mustang Sally.

America's bank bailouts ended up costing almost eight times more than rescuing the Detroit Three, but as with most love affairs, the emotional impact was nowhere near as deep.

Ingrassia describes a situation that was so avoidable, including blind sighted management, a "board of bystanders" and a union movement that lost sight of reality.

- **Crash Course — The American Automobile Industry's Road from Glory to Disaster**
  By Paul Ingrassia
  Random House,
  280 pages, $32



Craig Lund, is the President Elect of the American Marketing Association's Toronto Chapter and can be reached at hello@craiglund.ca

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- ☐ Fatigue
- ☐ Low self-esteem
- ☐ Poor concentration

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ISTOCK

▶ Internships are a great way for university and college students to get a foot in the door.

Interns take next step

◗ Half of employers say they consider hiring an intern ◗ Think of placement as extended job interview

DREW HINSHAW
LIFE@METRONEWS.CA

For university and college students dreading graduation, it may seem like the least probable fluke of fortune — the unpaid, unappreciated internship that blossoms into a salaried, respectable post, and a healthy paycheque.

With the economy still recovering, one might think that interns clutching half-page resumés find themselves at the bottom of the waiting list for in-demand jobs.

But as CareerBuilder.com coach Allison Nawoj explains, interns have a foot in the door — or more precisely, a reputation in the office — that can escalate them into entry-level work, or beyond.

"Getting a full-time opportunity out of an internship is more than likely," Nawoj says. In fact, CareerBuilder's most recent survey of employers estimates that at least half of bosses would slide a job offer to an intern — if said intern had the right stuff.

"That's an encouraging statistic for people to keep in mind," she says.

The Internship Bible author Samer Hamadeh concurs. "If you're a hard worker, you're solid, you've got really good skills, the jobs will open up," he says. "If you're the type of person that genuinely wants to learn, then you're what organizations really want."

"If you're not like that, you can't really fake it," he adds.

But even if you lack the moxie of a super-intern, mundane habits can establish your readiness for real-world work.

"Think of your internship as an extended job interview, which it kind of is," Nawoj offers. "Meet deadlines, always be on time and be professional."

Make friends, too, she adds.

"Ask people in the department if you can shadow them," she suggests. "That shows that you're seeking out challenges, which is a great way to extend your internship into a full-time opportunity."

who to intern for

- **Some companies** view interns as expendable transients revolving out the door each semester. But for a select few prestigious employers, internships are a structured method for harvesting talent: Microsoft, Dell, Frito Lay, Goldman Sachs and Procter & Gamble all treat interns like future movers and shakers, Hamadeh notes.
- "We've talked to some interns at the CIA who've done some top secret stuff — policy papers on Russia they can't even tell us about," he says.

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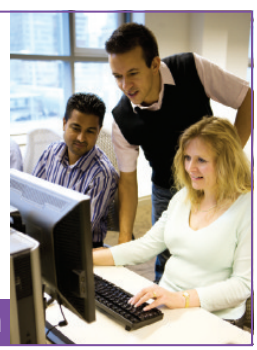

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News worth sharing.

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- ☐ Depressed mood
- ☐ Diminished interest or pleasure in activities
- ☐ Change in appetite
- ☐ Poor sleep
- ☐ Fatigue
- ☐ Low self-esteem
- ☐ Poor concentration

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The study is being conducted by Dr. Raymond Lam at the Mood Disorders Centre, UBC Hospital.
For more information, call 604-822-7804.
Mood Disorders Centre
UBC

Make contact online

Programs help students form tighter, more intimate relationships

DREW HINSHAW
LIFE@METRONEWS.CA

ISTOCK

In a world that revolves as much around who you know as what you know, the university lawn was once the venue to come to know both: a place to take mind-swelling intro lectures, then share plastic beer cups with future dignitaries of America.

But as the new millennium's young transpose their social circles to the Internet, the emerging place for students to network is on the network — in online degree programs.

Once the domain of mouse-clicking shut-ins nabbing B.A.'s in their PJs, Internet-based coursework has become a top way to meet like-minded learners chasing similar careers.

"The issue of isolation and having to be completely independent in a degree program is beginning to become a secondary issue," explains Lessons From the Cyberspace Classroom author Rena Palloff.

"All the people who work in online programs are starting to build collaborative activities into their online courses to make sure their students stay in touch with each other and support each other."

That work is paying off big time, she says. Student's facility with social media, plus the smokescreen of anonymity that online work offers, means that classmates are forming tighter, more intimate relationships in online programs than they would in daunting lecture halls.

Which is great, The Virtual Student author Keith Pratt says, because students need serious peer-to-peer encouragement to follow through with their online coursework.

"Students shouldn't go in there thinking that they're going to be all by themselves," he says. "If students get isolated, they're not going to continue."

pick a program

- **As you scout** for online degree programs, make sure you select a school with plenty of planned peer-to-peer interaction. "Research shows when it's not required, it doesn't get done," warns Michael G. Moore, editor of The American Journal of Distance Education.
- **Once you've** plugged in, reach out. "Connect on Facebook," Palloff recommends. "Oftentimes, in online classes the email addresses of classmates are available, so you can certainly connect.

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Tuesday, Nov. 2, 11 a.m. – lobby, Building B	Broadway
ASL & Deaf Studies	
Wednesday, Oct. 27, 6 p.m. – Room 2555	Broadway
Dental Hygiene and Dental Hygiene Access for CDAs	
Thursday, Oct. 28, 6 p.m. – Room 501	Downtown
Culinary Arts	
Friday, Oct. 29, 9:30 a.m. – Room 305 B	Downtown
Friday, Nov. 5, 9:30 a.m. – Room 305 B	Downtown
Hospitality Management Diploma	
Saturday, Oct. 30, 11 a.m. – Room 420	Downtown
TESOL programs	
Tuesday, Nov. 2, noon – Room 526	Downtown

Downtown campus is located at 200-block Dunsmuir at Hamilton (two blocks west of Stadium SkyTrain station).
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New era off to a quiet start

First Sunday afternoon since NFL began crackdown on violent hits sees no players fined • Players had been warned extensively by league

DENIS POROY/THE ASSOCIATED PRESS

▶ New England Patriots safety Brandon Meriweather hits San Diego Chargers wide receiver Patrick Crayton yesterday.

Dolphins cornerback Sean Smith had Steelers receiver Hines Ward lined up, ready to deliver the big hit. Instead of going high, he went for Ward's legs. No fine or penalty for that one.

It was the sort of play that, most Sundays, would have gone unnoticed, especially because Ward returned to the field a play later after getting his knees checked out.

This Sunday was different, though, because it marked the first set of games since the NFL said it would be cracking down on illegal hits, handing out fines and threatening suspensions.

Actually, Ward's brief absence, and the almost total lack of big shots in the afternoon's other NFL games, made it look a lot like any given Sunday, even if it's still too early to tell for sure how things are — or aren't — going to change over time.

"It's football," Ward said. "If you play this game worried about getting hurt, you will get hurt. It's a fearless game, it's a physical game, so the rule is the rule. You can't play this game scared. If you do, you won't last long."

With all of the day's 13 games complete, there were no cringe-inducing hits to replay on the highlight shows — nothing the likes of what James Harrison, Brandon Meriweather and Dunta Robinson delivered last weekend in a spate of vicious plays that brought about hundreds of thousands of dollars in fines, along with repeated reminders that the league would be watching more closely from now on.

0
No players were penalized for illegal hits to the head over the 13 NFL games, giving the league every reason to believe its message got through.

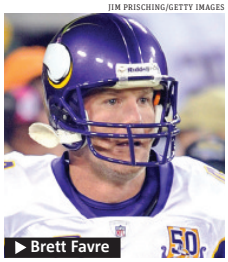
By sending out its various warnings — a memo from Commissioner Roger Goodell, a video showing can- and can't-dos, lists sent to coaches letting them know which players have multiple unnecessary roughness penalties — the NFL is looking for more certainty in a sport that has many shades of grey.

"I've seen a change in players' behaviour in one week," NFL officiating chief Carl Johnson was quoted as telling Peter King on NBC's Football Night in America.

THE ASSOCIATED PRESS

Favre copped to voice mails: Report

JIM PRISCHING/GETTY IMAGES



▶ Brett Favre

Brett Favre reportedly admitted leaving voice mails for the former New York Jets game hostess to whom a website reports he also sent lewd photos.

Fox Television's Jay Glazer reported yesterday that Favre told league investigators earlier this week he left phone messages for Jenn Sterger, who worked for the Jets in 2008 when Favre was their quarterback.

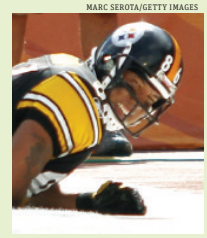
Fox did not say who provided the information. The NFL said it is not commenting on details of the investigation.

Glazer also reported Favre denied sending Sterger inappropriate photos.

The NFL is investigating a Deadspin report earlier this month that Favre sent the racy photos to Sterger two years ago. Sterger, now an on-air personality for Versus, has not co-operated with the league yet, but her manager, Phil Reese, told The Associated Press yesterday that could happen soon.

THE ASSOCIATED PRESS

MARC SEROTA/GETTY IMAGES

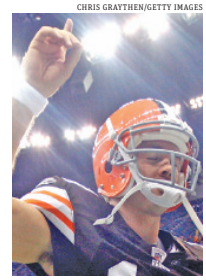


Steelers 23, Dolphins 22
The officials eventually got it right that Ben Roethlisberger fumbled at the goal-line. The Dolphins were still left feeling wronged yesterday.

An officiating mistake negated Roethlisberger's late fumble, and the Steelers kicked the game-winning field goal on the next play.

Jeff Reed made an 18-yarder with 2:30 left, allowing Pittsburgh to escape with a win.

CHRIS GRAYTHEN/GETTY IMAGES



Browns 30, Saints 17
David Bowens returned two of Drew Brees' four interceptions for touchdowns and the Browns stunned the defending champion Saints.

Rookie Colt McCoy passed for only 74 yards but got his first win as an NFL starter — a desperately needed one for the struggling Browns (2-5).

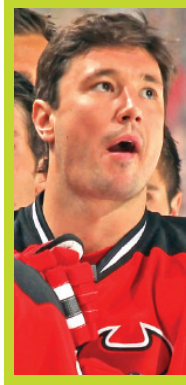
LARRY FRENCH/GETTY IMAGES

Ravens 37, Bills 34 OT
The Bills came close, but Billy Cundiff kicked a 38-yard field goal with 10:57 left in overtime after Ray Lewis stripped the ball from tight end Shawn Nelson, and Baltimore squeezed past winless Buffalo (0-6).

Joe Flacco threw three touchdown passes for the Ravens, who survived an uncharacteristic performance by a defence that was shredded for 505 yards. THE ASSOCIATED PRESS

4 sports

Quoted



"I'm just a player and I'm just going to show up tonight and play. I want to be on the ice. That's the bottom line."
ILYA KOVALCHUK, WHO REJOINED THE NEW JERSEY DEVILS' LINEUP YESTERDAY, ONE NIGHT AFTER HE WAS BENCHED BY COACH JOHN MACLEAN FOR AN UNDISCLOSED REASON.

"It was tough because I love the game so much. That's probably the worst when you watch your team, especially losing."
KOVALCHUK ON MISSING SATURDAY'S GAME, A 6-1 LOSS TO BUFFALO.

Scan code for more sports

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Tampa Bay	8	5	2	1	0	27	27	11	2-1-1-0	3-1-0-0	5-2-1-0	L1
d-Pittsburgh	9	5	3	1	0	27	20	11	2-3-0-0	3-0-1-0	5-3-1-0	L1
d-Toronto	7	4	2	1	0	20	18	9	2-1-1-0	2-1-0-0	4-2-1-0	L3
Washington	8	5	3	0	0	23	21	10	4-1-0-0	1-2-0-0	5-3-0-0	W1
NY Islanders	8	4	2	1	1	26	23	10	2-0-0-1	2-2-1-0	4-2-1-1	L1
NY Rangers	7	4	2	1	0	22	20	9	1-1-1-0	3-1-0-0	4-2-1-0	W3
Montreal	7	4	2	1	0	17	16	9	1-1-1-0	3-1-0-0	4-2-1-0	W1
Boston	6	4	2	0	0	18	11	8	1-2-0-0	3-0-0-0	4-2-0-0	L1
Carolina	7	4	3	0	0	21	21	8	1-0-0-0	3-3-0-0	4-3-0-0	W1
Philadelphia	7	3	3	1	0	18	19	7	2-3-0-0	1-0-1-0	3-3-1-0	W1
Atlanta	8	3	4	1	0	23	29	7	1-2-0-0	2-2-1-0	3-4-1-0	L3
Buffalo	9	3	5	1	0	24	24	7	0-4-1-0	2-2-0-0	3-5-1-0	W1
Florida	6	3	3	0	0	17	12	6	2-1-0-0	1-2-0-0	3-3-0-0	W1
Ottawa	8	2	5	1	0	16	26	5	1-2-0-0	1-3-1-0	2-5-1-0	L1
New Jersey	9	2	6	1	0	15	30	5	0-4-1-0	2-2-0-0	2-6-1-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Nashville	8	5	0	3	0	21	17	13	2-0-3-0	3-0-0-0	5-0-3-0	W2
d-Dallas	7	5	2	0	0	24	17	10	2-1-0-0	3-1-0-0	5-2-0-0	L1
d-Calgary	8	5	3	0	0	21	17	10	3-1-0-0	2-2-0-0	5-3-0-0	W2
Detroit	7	5	1	0	1	23	18	11	3-0-0-1	2-1-0-0	5-1-0-1	W4
Chicago	10	5	4	1	0	29	28	11	3-3-0-0	2-1-1-0	5-4-1-0	L2
Los Angeles	7	5	2	0	0	22	17	10	3-0-0-0	2-2-0-0	5-2-0-0	W1
St. Louis	7	4	1	1	1	19	14	10	4-0-0-0	0-1-1-1	4-1-1-1	W2
Columbus	7	4	3	0	0	18	21	8	2-2-0-0	2-1-0-0	4-3-0-0	W1
Colorado	8	4	4	0	0	25	29	8	1-2-0-0	3-2-0-0	4-4-0-0	L2
Vancouver	8	3	3	0	2	20	21	8	3-0-0-1	0-3-0-1	3-3-0-2	W1
Minnesota	7	3	3	0	1	21	20	7	2-2-0-0	1-1-0-1	3-3-0-1	L1
San Jose	7	3	3	1	0	19	21	7	1-2-0-0	2-1-1-0	3-3-1-0	L1
Anaheim	9	3	5	0	1	21	33	7	2-0-0-1	1-5-0-0	3-5-0-1	L1
Phoenix	6	2	2	2	0	15	16	6	1-1-2-0	1-1-0-0	2-2-2-0	L1
Edmonton	6	2	4	0	0	15	21	4	2-2-0-0	0-2-0-0	2-4-0-0	L4

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Nashville 4 Tampa Bay 3
N.Y. Rangers 3 New Jersey 1
Calgary 4 San Jose 0
Saturday's results
Montreal 3 Ottawa 0
Philadelphia 5 Toronto 2
San Jose 6 Edmonton 1
Buffalo 6 New Jersey 1
Carolina 4 Phoenix 3 (OT)
Columbus 3 Chicago 2
Detroit 5 Anaheim 4
Florida 4 N.Y. Islanders 3
Los Angeles 6 Colorado 4
Nashville 1 Dallas 0
N.Y. Rangers 3 Boston 2
St. Louis 1 Pittsburgh 0 (OT)
Washington 4 Atlanta 3 (OT)
Tonight's games
(All times Eastern)
Philadelphia at Columbus, 7 p.m.
Phoenix at Montreal, 7:30 p.m.
Los Angeles at Minnesota, 8 p.m.

FLAMES 4, SHARKS 0

First Period
1. Calgary, Bourque 5 (Hagman, Morrison) 4:12 (pp)
2. Calgary, Iginla 2 (Tanguay, White) 6:01
3. Calgary, Conroy 2 (Meyer, Jackman) 8:36
4. Calgary, Bourque 6 (Tanguay, Stajan) 11:47
Penalties — Pavelski SJ (tripping) 3:31, Clowe SJ, Jackman Cal (fighting) 8:36, Mitchell SJ (hooking) 13:00.
Second Period
No Scoring.
Penalties — Niittymaki SJ (delay of game; served by Mayers) 2:36, Heatley SJ (slashing) 8:53, Jokinen Cal (interference) 13:15, Wallin SJ (delay of game) 17:09, Glencross Cal (hooking) 19:43.
Third Period — No Scoring.
Penalties — Heatley SJ (tripping) 4:50.
Shots on goal by

San Jose	6	12	9	27
Calgary	14	10	6	30

Goal (shots-saves) — San Jose: Niemi (L,1-3-0)(5-2), Niittymaki (8:36 first, 25-24); Calgary: Kiprusoff (W,4-3-0). **Power plays (goals-chances)** — San Jose: 0-2; Calgary: 1-6.
Att. — 19,289 (19,289) at Calgary.

LATE SATURDAY

SHARKS 6 AT OILERS 1

First Period
1. Edmonton, Eberle 2 (Horcoff, Whitney) 1:22 (sh)
2. San Jose, Heatley 2 (Pavelski, Thornton) 16:34 (pp)
Penalties — Gagner Edm (goaltender interference) 0:53, Brule Edm (hooking) 15:24, Demers SJ (high-sticking) 17:19, Brule Edm (holding) 17:19.
Second Period
3. San Jose, Couture 3 (McGinn) 12:46
4. San Jose, Pavelski 3 (Heatley, Thornton) 18:51 (pp)
Penalties — Nichol SJ (interference) 3:03, Setoguchi SJ (boarding) 5:17, Foster Edm (slashing) 5:46, Wallin SJ (hooking) 8:48, Mayers SJ (instigating, fighting, misconduct), Stortini Edm (fighting) 13:05, Hall Edm (tripping) 18:12.
Third Period
5. San Jose, Clowe 2 (Pavelski) 4:29
6. San Jose, Boyle 1 (Thornton) 4:49 (pp)
7. San Jose, McCarthy 1 (Mitchell, Huskins) 14:45
Penalties — Vandermeer Edm (slashing) 4:45, Demers SJ (holding) 9:05.
Shots on goal by

San Jose	8	13	13	34
Edmonton	6	7	9	22

Goal — San Jose: Niittymaki (W,2-0-1); Edmonton: Khabibulin (L,2-4-0). **Power plays (goals-chances)** — San Jose: 3-5; Edmonton: 0-5.
Att. — 16,839 (16,839) at Edmonton.

SCORING LEADERS

	G	A	PT
Stamkos, TB	8	7	15
Sharp, Chi	8	3	11
Hossa, Chi	7	4	11
D.Sedin, Vcr	7	4	11
Crosby, Pgh	6	5	11
Getzlaf, Ana	3	8	11
C.Stewart, Col	5	5	10
Zetterberg, Det	3	7	10
B.Richards, Dal	2	8	10
Liles, Col	0	10	10
H.Sedin, Vcr	0	10	10
Horton, Bos	5	4	9

MLB

2010 POSTSEASON

LEAGUE CHAMPIONSHIP SERIES

AMERICAN LEAGUE
(Texas wins series 4-2)
NATIONAL LEAGUE
(San Francisco wins series 4-2)
Saturday's result
San Francisco 3 Philadelphia 2

WORLD SERIES

Wednesday's game
(All times Eastern)
Texas (Lee 12-9) at San Francisco (Lincecum 16-10), 7:57 p.m.
Thursday's game
Texas at San Francisco, 7:57 p.m.
Saturday's game
San Francisco at Texas, 6:57 p.m.
Sunday's game
San Francisco at Texas, 8:20 p.m.

LATE SATURDAY

GIANTS 3, PHILLIES 2

San Francisco	ab	r	h	bi	Philadelphia	ab	r	h	bi
ATorrs cf	5	0	3	0	Rollins ss	4	0	1	0
Rownd cf	0	0	0	0	Polanc 3b	3	1	0	0
FSnchz 2b	4	0	3	0	WValdz pr	0	0	0	0
A.Huff 1b	4	1	1	1	Utley 2b	3	1	1	1
Posey c	4	0	0	0	Howard 1b	5	0	2	0
Burrell lf	4	0	1	0	Werth rf	2	0	0	1
Lincm p	0	0	0	0	Victorn cf	4	0	2	0
BrWlsn p	1	0	0	0	Ibanez lf	4	0	2	0
C.Ross rf-lf	4	0	1	0	C.Ruiz c	3	0	0	0
Uribe 3b	3	1	2	1	Oswalt p	2	0	0	0
Renteri ss	4	0	0	0	BFrncs ph	1	0	0	0
JSnchz p	1	1	1	0	Madson p	0	0	0	0
Affeldt p	0	0	0	0	Lidge p	0	0	0	0
Fontent ph	1	0	1	0	Gload ph	1	0	0	0
Bmgrn p	0	0	0	0					
Ishikaw ph	1	0	0	0					
JaLopz p	0	0	0	0					
Schrlht rf	1	0	0	0					
Totals	**37**	**3**	**13**	**2**	**Totals**	**32**	**2**	**8**	**2**

San Francisco	002	000	010	3
Philadelphia	200	000	000	2

E—Polanco (1). DP—San Francisco 1, Philadelphia 2. LOB—San Francisco 11, Philadelphia 11. 2B—F.Sanchez (1), C.Ross (3), Utley (1), Howard (4), Ibanez (1). HR—Uribe (1). S—F.Sanchez, C.Ruiz. SF—Werth.

San Francisco	IP	H	R	ER	BB	SO
J.Sanchez	2	3	2	2	2	1
Affeldt	2	0	0	0	0	2
Bumgarner	2	3	0	0	1	1
Ja.Lopez W,1-0	1	0	0	0	0	1
Lincecum H,1	1-3	2	0	0	0	1
Br.Wilson S,3-3	1 2-3	0	0	0	2	1
Philadelphia						
Oswalt	6	9	2	1	0	5
Madson L,0-1	2	2	1	1	1	3
Lidge	1	2	0	0	1	2

T—3:41. A—46,062 (43,651) at Philadelphia.

TRANSACTIONS

BASEBALL

MLB

AMERICAN LEAGUE
OAKLAND ATHLETICS—Announced pitching coach Curt Young did not accept the team's contract offer for 2011.

BASKETBALL

NBA

NEW YORK KNICKS—Exercised their fourth-year contract options on F Danilo Gallinari, F Anthony Randolph and G Toney Douglas.

HOCKEY

NHL

CAROLINA HURRICANES—Reassigned D Brett Carson to Charlotte (AHL).
CHICAGO BLACKHAWKS—Assigned F Evan Brophey to Rockford (AHL).
NEW YORK RANGERS—Called up RW Jeremy Williams from Hartford (AHL).

CFL

WEEK 17

EAST DIVISION	GP	W	L	T	PF	PA	Pt
y-Montreal	16	11	5	0	480	415	22
x-Hamilton	16	9	7	0	436	372	18
x-Toronto	16	8	8	0	313	401	16
Winnipeg	16	4	12	0	419	434	8

WEST DIVISION	GP	W	L	T	PF	PA	Pt
y-Calgary	16	11	5	0	536	403	22
x-Saskatchewan	16	9	7	0	449	442	18
Edmonton	16	6	10	0	343	501	12
B.C.	16	6	10	0	420	428	12

x — clinched playoff berth.
y — clinched division title.
Saturday's results
Edmonton 39 Saskatchewan 24
Toronto 27 Winnipeg 8
Friday's results
B.C. 36 Calgary 31
Hamilton 40 Montreal 3

WEEK 18

Friday, Oct. 29
(All times Eastern)
Montreal at Toronto, 7 p.m.
Hamilton at Calgary, 10 p.m.
Saturday, Oct. 30
Winnipeg at Edmonton, 7 p.m.
Sunday, Oct. 31
Saskatchewan at B.C., 5 p.m.
TORONTO - Unofficial CFL scoring leaders following Saturday's games (x - scored two-point convert):

SCORING LEADERS

	TD	C	FG	S	Pts
Maver, Cal	0	60	31	3	156
McCallum, BC	0	29	40	6	155
Duval, Mtl	0	37	30	12	139
DeAngelis, Ham	0	39	31	3	135
Congi, Sask	0	41	26	2	121
Prefontaine, Edm-Tor	0	28	24	8	108
Cates, Sask	15	0	0	0	90
Shaw, Tor	0	18	19	6	81
Palardy, Ham-Wpg	0	18	16	7	73
T.Edwards, Wpg	12	0	0	0	72
Bryant, Cal	11	0	0	0	66
x-Cobb, Ham	10	2	0	0	62
x-Green, Mtl	10	2	0	0	62
Lewis, Cal	9	0	0	0	54
Robertson, BC	9	0	0	0	54
Bruce, Ham	8	0	0	0	48
Serna, Wpg	0	20	8	4	48
x-Richardson, Mtl	7	2	0	0	44
Boyd, Tor	7	0	0	0	42
McDaniel, Ham	7	0	0	0	42
Rambo, Cal	7	0	0	0	42
Reynolds, Cal	7	0	0	0	42
Watkins, Mtl	7	0	0	0	42
x-Owens, Tor	6	2	0	0	38
x-Simon, BC	6	2	0	0	38
Cobourne, Mtl	6	0	0	0	36
Davis, BC	6	0	0	0	36
Dressler, Sask	6	0	0	0	36
Durant, Sask	6	0	0	0	36
Reid, Wpg	6	0	0	0	36

NBA

2010-11 SCHEDULE

Tomorrow's games
(All times Eastern)
Miami at Boston, 7:30 p.m.
Phoenix at Portland, 10 p.m.
Houston at L.A. Lakers, 10:30 p.m.
Wednesday's games
Boston at Cleveland, 7 p.m.
Detroit at New Jersey, 7 p.m.
Miami at Philadelphia, 7 p.m.
New York at Toronto, 7 p.m.
Atlanta at Memphis, 8 p.m.
Sacramento at Minnesota, 8 p.m.
Milwaukee at New Orleans, 8 p.m.
Chicago at Oklahoma City, 8 p.m.
Charlotte at Dallas, 8:30 p.m.
Indiana at San Antonio, 8:30 p.m.
Utah at Denver, 8:30 p.m.
Houston at Golden State, 10:30 p.m.
Portland at L.A. Clippers, 10:30 p.m.

SOCCER

MLS

Yesterday's results
Columbus 3 Philadelphia 1
Los Angeles 2 FC Dallas 1
Saturday's results
Toronto FC 3 D.C. United 2
Chicago 4 Chivas USA 1
Colorado 2 Real Salt Lake 2
Houston 2 Seattle 1
Kansas City 4 San Jose 1

ENGLAND

PREMIER LEAGUE

	GP	W	D	L	GF	GA	Pts
Chelsea	9	7	1	1	25	2	22
Arsenal	9	5	2	2	21	10	17
Man United	9	4	5	0	20	12	17
Man City	9	5	2	2	12	8	17
Tottenham	9	4	3	2	11	8	15
West Brom	9	4	3	2	13	15	15
Sunderland	9	2	6	1	8	7	12
Bolton	9	2	6	1	13	13	12
Newcastle	9	3	2	4	14	13	11
Aston Villa	9	3	2	4	9	13	11
Everton	9	2	4	3	9	8	10
Birmingham	9	2	4	3	10	12	10
Stoke	9	3	1	5	10	13	10
Blackpool	9	3	1	5	13	20	10
Wigan	9	2	4	3	7	16	10
Fulham	9	1	6	2	10	11	9
Blackburn	9	2	3	4	8	10	9
Liverpool	9	2	3	4	9	14	9
Wolverhampton	9	1	3	5	8	15	6
West Ham	9	1	3	4	7	17	6

Yesterday's results
Liverpool 2 Blackburn 1
Manchester City 0 Arsenal 3
Stoke 1 Manchester United 2

FRANCE

LIGUE 1

Yesterday's results
Arles 1 Lyon 1
Lille 1 Marseille 3
Paris Saint-Germain 2 Auxerre 3

GERMANY

BUNDESLIGA

Yesterday's results
Bayer Leverkusen 0 Mainz 1
Borussia Dortmund 1 Hoffenheim 1
Stuttgart 2 St. Pauli 0

ITALY

SERIE A

Yesterday's results
Bologna 0 Juventus 0
Chievo Verona 2 Cesena 1
Genoa 1 Catania 0
Inter Milan 1 Sampdoria 1
Lazio 2 Cagliari 1
Lecce 2 Brescia 1
Parma 0 AS Roma 0
Udinese 2 Palermo 1

SCOTLAND

PREMIER LEAGUE

Yesterday's result
Celtic 1 Rangers 3

SPAIN

LA LIGA

Yesterday's results
Almeria 1 Hercules 1
Espanyol 2 Levante 1
Getafe 3 Sporting Gijon 0
Osasuna 3 Malaga 0
Sevilla 4 Athletic Bilbao 3
Villarreal 2 Atletico Madrid 0

FRANCE

LIGUE 1

Yesterday's results
Arles 1 Lyon 1
Lille 1 Marseille 3
Paris Saint-Germain 2 Auxerre 3

NFL

AMERICAN CONFERENCE

EAST	W	L	T	Pct	PF	PA
N.Y. Jets	5	1	0	.833	159	101
New England	5	1	0	.833	177	136
Miami	3	3	0	.500	111	135
Buffalo	0	6	0	.000	121	198

SOUTH	W	L	T	Pct	PF	PA
Tennessee	5	2	0	.714	199	117
Houston	4	2	0	.667	153	167
Indianapolis	4	2	0	.667	163	125
Jacksonville	3	4	0	.429	130	209

NORTH	W	L	T	Pct	PF	PA
Pittsburgh	5	1	0	.833	137	82
Baltimore	5	2	0	.714	149	129
Cincinnati	2	4	0	.333	132	141
Cleveland	2	5	0	.286	118	142

WEST	W	L	T	Pct	PF	PA
Kansas City	4	2	0	.667	150	112
Oakland	3	4	0	.429	179	165
San Diego	2	5	0	.286	177	149
Denver	2	5	0	.286	138	199

NATIONAL CONFERENCE

EAST	W	L	T	Pct	PF	PA
N.Y. Giants	4	2	0	.667	134	118
Washington	4	3	0	.571	130	133
Philadelphia	4	3	0	.571	172	157
Dallas	1	4	0	.200	102	111

SOUTH	W	L	T	Pct	PF	PA
Atlanta	5	2	0	.714	169	133
Tampa Bay	4	2	0	.667	98	128
New Orleans	4	3	0	.571	147	138
Carolina	1	5	0	.167	75	130

NORTH	W	L	T	Pct	PF	PA
Chicago	4	3	0	.571	126	114
Green Bay	4	3	0	.571	167	136
Minnesota	2	4	0	.333	111	116
Detroit	1	5	0	.167	146	140

WEST	W	L	T	Pct	PF	PA
Seattle	4	2	0	.667	120	107
Arizona	3	3	0	.500	98	160
St. Louis	3	4	0	.429	120	131
San Francisco	1	6	0	.143	113	162

WEEK 7

Byes: Detroit, Houston, Indianapolis, N.Y. Jets
Yesterday's results
Atlanta 39 Cincinnati 32
Baltimore 37 Buffalo 34 (OT)
Carolina 23 San Francisco 20
Cleveland 30 New Orleans 17
Kansas City 42 Jacksonville 20
New England 23 San Diego 20
Oakland 59 Denver 14
Pittsburgh 23 Miami 22
Seattle 22 Arizona 10
Tampa Bay 18 St. Louis 17
Tennessee 37 Philadelphia 19
Washington 17 Chicago 14
Green Bay 28 Minnesota 24
Tonight's game
(All times Eastern)
N.Y. Giants at Dallas, 8:30 p.m.

WEEK 8

Byes: N.Y. Giants, Philadelphia, Chicago, Atlanta, Baltimore, Cleveland
Sunday, Oct. 31
Denver vs. San Francisco at London, 1 p.m.
Washington at Detroit, 1 p.m.
Buffalo at Kansas City, 1 p.m.
Carolina at St. Louis, 1 p.m.
Miami at Cincinnati, 1 p.m.
Jacksonville at Dallas, 1 p.m.
Green Bay at N.Y. Jets, 1 p.m.
Tennessee at San Diego, 4:05 p.m.
Minnesota at New England, 4:15 p.m.
Seattle at Oakland, 4:15 p.m.
Tampa Bay at Arizona, 4:15 p.m.
Pittsburgh at New Orleans, 8:20 p.m.
Monday, Nov. 1
Houston at Indianapolis, 8:30 p.m.

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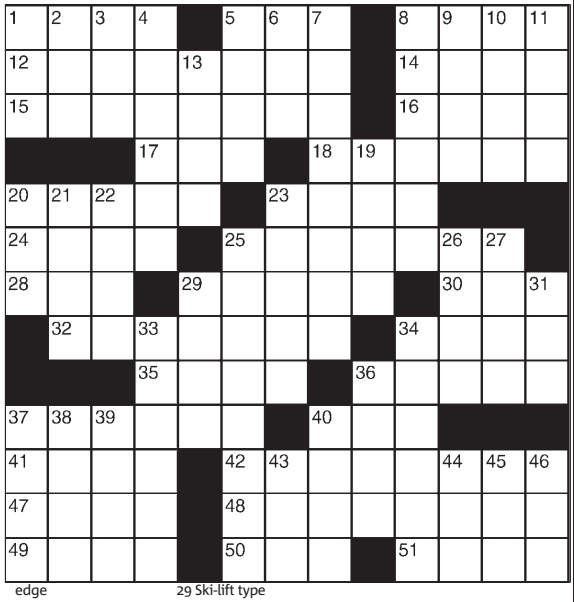
Crossword



Across

1 Burden
5 "— a real nowhere man, ..."
8 Call partner
12 Irritating
14 Christmas
15 Tricycle's kin
16 Black and white
17 Father
18 Motorcycle sounds
20 Burn with steam
23 Mythical man-goat
24 Sea eagle
25 "Who cares?"
28 Humour
29 Unable to escape
30 Suitcase
32 "Sesame Street" resident
34 Relinquish
35 Risque
36 Lecherous fellow
37 Comment
40 Spring mo.
41 Portent
42 New York City edge
47 Autograph
48 Church recitation
49 Remain
50 A Kennedy brother
51 Missing

Down

1 Science workshop
2 Sapporo sash
3 S.A. nation
4 Waste time
5 Didn't waste time
6 Previous night
7 Having a woven
8 Past
9 Continental money
10 No blabbermouth
11 Jailer's janglers
13 Roe provider
19 "The 40 Year Old Virgin" actor Paul
20 Stitch
21 Home, slangily
22 Opposed
23 Inflamed
25 Insult
26 Help hoods
27 "— and the Tramp"
29 Ski-lift type
31 Eur. country
33 "Beverly Hillbillies" role
34 Wrist-related
36 Unwanted e-mail
37 Colonial flag-maker
38 Send forth
39 Humongous
40 Old
43 "— Got a Secret"
44 Expert
45 Fleur-de- —
46 Dine

▶ Yesterday's answer

H	E	M	■	B	R	A	M	■	O	L	L	A
A	L	I	■	I	O	T	A	■	P	O	O	P
M	I	N	I	S	T	E	R	■	E	A	S	E
■	■	A	D	O	S	■	■	I	N	F	E	R
B	O	R	O	N	■	B	O	D	E	■	■	■
A	B	E	L	■	S	U	P	E	R	M	A	N
L	O	T	■	B	O	N	U	S	■	I	R	E
D	E	S	S	E	R	T	S	■	S	N	I	T
■	■	■	L	E	E	S	■	C	L	O	D	S
B	E	G	U	N	■	■	S	H	U	T	■	■
A	V	I	D	■	M	I	N	E	R	A	L	S
K	I	N	G	■	E	R	O	S	■	U	S	A
E	L	S	E	■	N	A	B	S	■	R	U	G

Sudoku

	2	4	8		6			1
		5	3	1	4			
	8		7					
		7				6	3	4
3	9	2				5		
					2		6	
			9	4	5	8		
5			6		7	1	4	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	9	3	2	8	4	6	5	1
4	5	2	6	1	9	3	7	8
8	1	6	7	5	3	9	2	4
9	8	7	4	6	1	5	3	2
1	3	4	9	2	5	7	8	6
2	6	5	3	7	8	4	1	9
6	2	1	5	9	7	8	4	3
3	7	9	8	4	2	1	6	5
5	4	8	1	3	6	2	9	7

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Short Stuff; you're the love of my life, and the diamond in my rock. I want the whole world to know.
FRAY

Victor, I am extremely lucky to have such an incredible boyfriend! Your optimism and smile is what keeps me going. Happy Birthday!
LOVE, MOO

Ms. Candace, trust your heart as I trust your heart and open yourself to all possibilities. Thank you so much for making my life better and remember I'm here to do the same for you.
LOVE, MR. SABLE

g-money since the relationship started I'm the happiest I've ever been, i still get butterflies when I'm in your presence. I hope you are willing to take it to the next level. Love always and forever,
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For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 If you start the week in a panic you will regret it by midweek. You may be under the impression that if you don't get certain things finished now they won't get done at all but that's simply not true. Stay calm.

♉ Taurus April 21-May 21 You have made more than enough sacrifices in recent weeks and anyone who wants you to make more must be told in no uncertain fashion that you've done all you are going to do for them.

♊ Gemini May 22-June 21 You need to deal with relationship problems now — and that means right this very minute. If you don't there will be a rather messy clash of egos.

♋ Cancer June 22-July 22 Make the most of the next few days to get your daily routine in some kind of order, because if you don't you will be snowed under with work.

♌ Leo July 23-Aug.23 This should be a highly productive time for you, but take care you don't agree to things you might regret later. Even a Leo has to pick and choose between commitments. You cannot do everything, nor should you want to.

♍ Virgo Aug. 24- Sept. 22 Make time for other people today, especially those people whose help and assistance have been invaluable to you in the past. You may need to call on them again this week, so be nice.

♎ Libra Sept. 23-Oct. 23 Stick to what comes easy to you today because if you tackle challenges that are beyond your area of expertise you could get yourself in a serious muddle.

♏ Scorpio Oct. 24-Nov. 22 How do you change your life for the better? Have you considered that the best way might be to change nothing at all? If you leave well alone, everything will turn out for you just right.

♐ Sagittarius Nov. 23-Dec. 21 Do you give in to others' demands for the sake of a peaceful life, or do you stand up for yourself? Only you can decide but later in the week you'll be a lot more assertive.

♑ Capricorn Dec. 22-Jan. 20 If you are not 100 per cent sure that what a friend is proposing is in your best interests then give it a miss. You don't have to go along with their plans just to please them.

♒ Aquarius Jan. 21-Feb. 18 You may have encountered opposition on the work front from your employer or a senior colleague but today's Mercury-Venus link will help you win them round.

♓ Pisces Feb. 19-March 20 What you are faced with today is essentially a practical problem, so keep your emotions out of it. You have a good head on your shoulders. Use it.

SALLY BROMPTON

THANASSIS STAVRAKIS/THE ASSOCIATED PRESS

Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

MAJA SUSLIN/THE ASSOCIATED PRESS

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The All-New 2011 Chevrolet Cruze.

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*Fuel consumption ratings for 2011 Cruze ECO with 6-speed manual transmission based on preliminary GM testing in accordance with approved Transport Canada test methods. Competitive data based on Natural Resources Canada's 2010 Fuel Consumption Guide and WardsAuto.com 2010 Upper Small segment. Your actual fuel consumption may vary. Excludes hybrid and diesel models. Production begins November 2010. ††Manufacturer's Suggested Retail Price for base model. Freight, licence, insurance, registration, fees associated with filing at moveable property registry/PPSA administration fees, duties and taxes not included. Dealers are free to set individual prices. See dealer for details.

Ausgang
Straßen-
schäden
1km
大味園
Taste Garden
Cantonese
Restaurant
長今
保健禮品中
GIFT
HEALTH
大味園 宵夜·海鮮酒家
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